14:10:02 From Dave Dougherty to Everyone:

Q: What do you make of the incoming Trump administration in terms of its beliefs in authoritarianism, fascism, and relationships to communities inside the USA and in other countries? Would members benefit from education in the Franciscan way of life?

14:11:35 From Art Hunter to Everyone:

I have a question.

14:12:05 From Mike Nickerson to Everyone:

I’d like to comment - question.

14:14:28 From Ted Manning to Everyone:

Q: What are your goals or what do you seek as social goals? Are they compatible with Gaia?

14:14:50 From Claude Buettner, MN to Everyone:

Q: What is the most useful techniques that you have found to quiet the internal dialogue in our heads when trying to meditate? (I'm most familiar with Transcendental Meditation.)

14:15:41 From Ted Manning to Everyone:

C: We are working now to compile a global inventory of goals related to wellbeing and the perceptions of what it means.

14:15:49 From Ted Manning to Everyone:

Q: What do you think?

14:35:55 From Tim Lash to Everyone:

Claude, try this?

https://dharmaseed.org/talks/player/85090.html

14:36:52 From Claude Buettner, MN to Everyone:

Replying to "Claude, try this? https://dharmaseed.org/talks/pla...":

Great! Thank you.

14:37:36 From Mike Nickerson to Everyone:

C: Things are what they are first. What we call them second, if at all.

14:37:54 From David Pollock to Everyone:

I have a question.

14:38:41 From Claude Buettner, MN to Everyone:

Replying to "Claude, try this? https://dharmaseed.org/talks/pla...":

I saved the link in a folder I call Medical (Stress Reduction).

14:38:52 From Lalith Gunaratne to Everyone:

C: Thank you so much for such an enlightening presentation which shows how spiritual grounding transcends cultures and borders--in our oneness with nature in the web of life. Gratitude to Jeff and Gordon. Have a wonderful day.

14:48:09 From Tim Lash to Everyone:

Replying to "Things are what they are first. What we call them...":

Yup. Nice to see you (last time maybe mid 70s?